

YOUTH AND CIVIL SOCIETY ORGANIZATIONS' CAMPAIGN 2024: SUBSTANCE ABUSE AWARENESS

THEME: BREAK FREE: CHOOSE HEALTH, NOT HARM

By choosing a life free from drugs, you gain control over your destiny and can enjoy living on your own terms.

Embrace the freedom to live by your own values, passions, and aspirations, and discover the strength that you have within.



Substance abuse is not a sign of strength, but a sign of vulnerability and a need for help.

“The greatest gift you can give your family and the world is a healthy you.” – Joyce Meyer



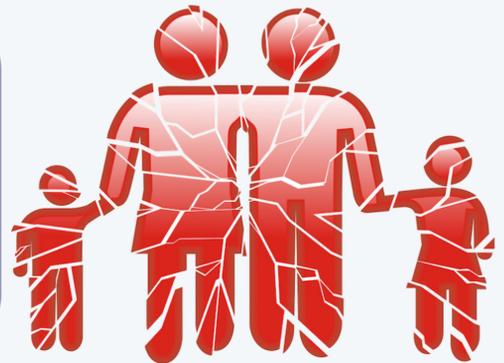
CAMPAIGN 2024: SUBSTANCE ABUSE AWARENESS

HOW DOES SUBSTANCE ABUSE AFFECT FAMILIES

Substance abuse can profoundly impact families, affecting their emotional, financial, and physical well-being. Here are some key ways that may affect families:

STRAIN ON RELATIONSHIPS:

- Substance abuse often leads to dishonesty and unfulfilled promises, which damages family members' relationship with each other. Provides a foundation for inquiry-based learning and scientific thinking.
- Unpredictable behaviour and differing viewpoints on how to handle the situation frequently lead to an increased arguments and conflicts

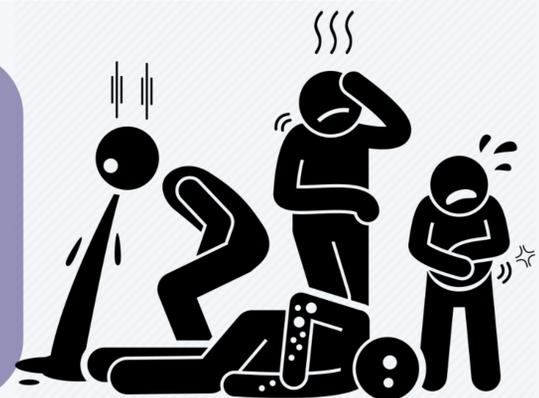


MENTAL HEALTH PROBLEMS:

- Family members, particularly children, may experience anxiety, depression, and other mental health issues due to the stress and uncertainty.
- Witnessing substance abuse and its consequences can be traumatic, leading to long-term psychological issues.

HEALTH PROBLEM:

- Substance abusers often neglect their health, leading to chronic conditions that can burden the family.
- Substance abuse can increase the risk of domestic violence, causing physical harm to family members.



ECONOMIC HARDSHIP:

- The substance abuser may lose their job or be unable to work, leading to financial instability.
- Money spent on substances, legal fees, and medical bills can drain family finances.
- The financial strain can lead to accumulating debt and, in severe cases, bankruptcy.

ISOLATION:

- Families may feel ashamed and avoid social interactions, leading to isolation.
- Fear of judgment can cause families to withdraw from friends and community support systems.



By understanding these impacts, families can better navigate the challenges of substance abuse and seek the necessary support to heal and rebuild.



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